

# ThinkPad T14s Gen 7 (Intel)

Designed for professionals on the move, the next-generation ThinkPad is lighter than ever for premium mobility. Powered by the Intel® Core™ Ultra 5 / 7 Processor (Series 3) that is purpose-built for real-world performance, long battery life, enterprise-grade security, and unmatched manageability, this go-everywhere clamshell fuels today's hybrid workforce. The powerful NPU lets you tap into local AI processing for personalized and secure workflow efficiency, including Copilot+ PC on-device AI features for powerful, smart computing that boosts innovation, enhances communication, and increases productivity. With an upgraded 25W Thermal Design Power (TDP), users get a performance boost for simultaneous app use, intensive workloads, and video editing, all while maintaining efficient battery life and quieter operation. Plus, up to 32GB LPDDR5X-8533 memory delivers superior performance with less strain on the battery for optimal AI PC efficiency.



## Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

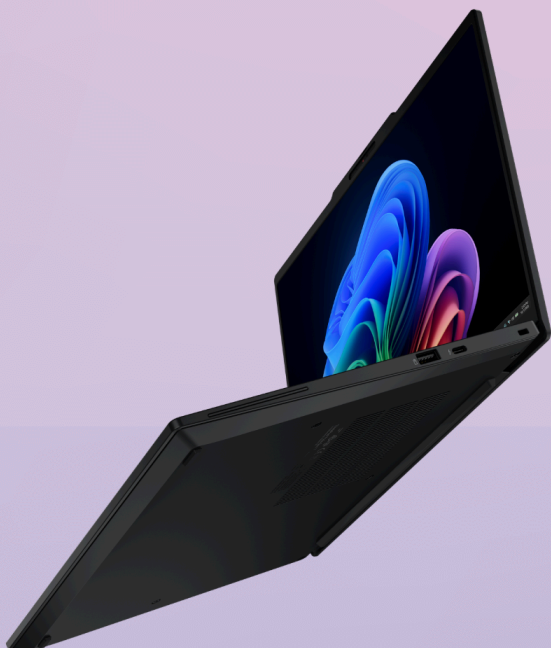
The 14" display with a stunning 2.8K OLED option offers remarkable clarity and vibrant detail, while up to 500 nits of brightness ensures comfortable viewing even in well-lit environments. Enhanced further with optional 3M™ DBEF5 technology and Eyesafe® Certified 2.0, it reduces eye strain during long work sessions without compromising color accuracy.

A versatile selection of ports, including 1xUSB-A, 3xThunderbolt™ 4, 1xDisplayPort™ 2.1, and 1xHDMI® 2.1, ensures seamless connectivity to essential peripherals and high-resolution displays, making it a reliable companion in any business environment.

The laptop meets ENERGY STAR® 9.0, EPEAT™ Gold, and TCO Certified 10.0 standards, ensuring energy efficiency and sustainability. Its optimized power management supports long work hours, while the eco-conscious design reduces environmental impact.

## Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



## Accessories

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### ThinkPad USB4 Smart Dock 5500

- High-speed ports, total connectivity
- Single-cable power and displays
- Enterprise security and IT control



PN: 40BC0100xx

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### Lenovo Wireless Multi-Mode Pro Plus Mouse 6050

- Dual Connectivity, Effortless Pairing
- Precision Control, Multi-Directional Scrolling
- Ergonomic, Durable, and Sustainable



PN: 4Y51S61876 – 4Y51S61879

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# ThinkPad T14s Gen 7 (Intel)

## Performance

### Processor

Intel Core Ultra 5 / 7 Processor (Series 3)

### AI PC Category\*

Copilot+ PC

### Operating System\*

Windows 11 Pro or Home  
Ubuntu Linux

### NPU\*

Up to 50 TOPS

### Graphics

Intel Graphics (integrated)

### Memory

16GB Soldered LPDDR5X-7467  
32GB Soldered LPDDR5X-7467  
32GB Soldered LPDDR5X-8533  
64GB Soldered LPDDR5X-8533

### Storage<sup>1</sup>

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

<sup>1</sup>The storage capacity supported is based on the test results with current Lenovo storage offerings.

### Audio\*

SoundWire  
Stereo speakers, 2W x2, Dolby Atmos  
Dual-microphone array, 360° far-field, ElevoC Voice

### Camera\*

5.0MP, with privacy shutter, temporal noise reduction  
5.0MP + IR discrete, with privacy shutter, vHDR, CV on ISP, temporal noise reduction

### Battery<sup>2</sup>

58Wh (up to 19.1 hr) battery, Rapid Charge

<sup>2</sup>Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

### Power Adapter\*

65W USB-C adapter, PD 3.0  
65W USB-C nano GaN adapter, PD 3.0  
65W USB-C slim GaN adapter, PD 3.0

## Design

### Display<sup>3</sup>

14" WUXGA (1920x1200) IPS Anti-glare 16:10  
- 400nits, 45% NTSC, 3M DBEF5, Eyesafe  
- 500nits, 100% sRGB, in-cell touch, low power, Eyesafe  
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard, Eyesafe  
14" 2.8K (2880x1800) OLED Anti-glare 16:10  
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 600, Dolby Vision, Eyesafe

<sup>3</sup>IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

### Screen-to-Body Ratio

88%

### Keyboard

6-row, spill-resistant, Copilot key, backlight

### Touchpad

TrackPoint and glass-like Mylar surface 3-button  
Trackpad  
60 x 115 mm (2.40 x 4.53 inches)

### Dimensions<sup>4</sup>

Starting at 313 x 219.4 x 10.7/15.85 (front/rear), 18.56 (maximum) mm  
12.32 x 8.64 x 0.42/0.62 (front/rear), 0.73 (maximum) inches

<sup>4</sup>The system dimensions may vary depending on configurations.

### Weight<sup>5</sup>

Starting at 1.065 kg (2.35 lbs)

<sup>5</sup>The system weight is approximate and may vary depending on configurations

### Color

Black  
Blue

### Case material

Carbon fiber hybrid (top), magnesium or aluminium (bottom)

## Connectivity

### WLAN + Bluetooth\*<sup>6</sup>

Intel Wi-Fi 7 BE211, 802.11be, Bluetooth 5.4

<sup>6</sup>Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

### WWAN\*

4G LTE CAT1 with embedded eSIM  
4G LTE CAT6 with embedded eSIM  
5G Sub-6 GHz with embedded eSIM

### NFC

Near Field Communication\*

### Ports

1x USB-A (USB 5Gbps), Always On  
3x Thunderbolt 4, with USB PD 45-65W and DP 2.1  
1x HDMI 2.1, up to 4K/60Hz  
1x Headphone / microphone combo jack (3.5mm)  
1x Nano-SIM card slot (WWAN support models)\*  
1x Smart card reader\*

### Docking

Docking support via Thunderbolt or USB-C

## Security & Privacy

### Security

ThinkShield  
Discrete TPM 2.0  
Kensington Nano Security Slot  
Smart card reader, supports ISO 7816 and EMV\*  
Touch style MOC fingerprint reader\*  
Camera privacy shutter  
IR camera for Windows Hello (facial recognition)\*  
Computer Vision-based Human Presence Detection on ISP\*  
Privacy Guard with Privacy Alert\*

## Manageability

### System Management\*<sup>7</sup>

Intel vPro Enterprise\*

<sup>7</sup>Intel vPro offers a superset of DASH's defined capabilities.

## Environmental

### Material

Top cover: CFRP(100% biobased) + PCGF (30% PCC)  
Bottom cover: 50% Recycled Magnesium or 50% Recycled Aluminum  
Keyboard frame: 90% recycled magnesium  
Keyboard (keycaps): 85% PCC Plastic  
Speaker enclosure: 90% PCC  
Speaker Magnet: 30% Recycled Rare Earth Materials  
Hall Sensor Magnet: 30% Recycled Rare Earth Material  
Battery: 100% recycled cobalt  
Battery frame: 90% PCC  
Adapter: 90% PCC  
Cable/antenna holders: 30% PCC  
Packaging: Plastic Free, FSC certified Recycled paperboard / cardboard

## Certifications

### Green Certifications<sup>8 9 10</sup>

ENERGY STAR 9.0  
EPEAT Gold Registered  
ErP Lot 6/26  
TCO Certified, generation 10  
RoHS compliant

<sup>8</sup>The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

<sup>9</sup>EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

<sup>10</sup>EPEAT is registered where applicable, please see [epeat.net](http://epeat.net) for registration status by country.